

Put all you have into all you do.

Every parent, coach or teacher says the same thing, “All I ask is that you give me your best effort.” If you put all you have into whatever you do, you won’t eliminate failure. If you put everything you have into everything you do, you won’t eliminate disappointment. So, why bother? When your personal philosophy is to do your best, regardless, you will always stand tall in your own estimation. Losing hurts, but it hurts even more when you realize that you haven’t done your best.



You may not always make right decisions. However, you have the ability to make a decision and then make it right.



Don't squander time being angry
about the circumstances you're in.
Be curious about how you got there.



Regret preoccupies you in ways
that will demoralize you and
your ability to let go of the
past and improve your future.



The certainty of any circumstance
can disclose a fact that will not
permit you to wholly believe
it which ultimately directs you
to repeat the same mistakes.



Being willing to ask the tough question isn't the hard part. It is having the guts to answer the question honestly.



Common characteristics you admire
in other people are something
you see as a deficiency in yourself.

